

"Awakening as Spirit and Matter"
Activating intimacy, creativity and authenticity

## 5th Annual Boulder, CO Trillium Awakening Retreat May 17–21, 2018

led by



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Join us in exploring the Spirit/Matter split, and discovering how being awake as both Spirit and Matter gives us many keys to the treasures of life.

In particular, we'll focus on how any prejudice for Spirit over Matter (or Matter over Spirit) blocks:

\*deepening intimacy in our relationships

If you long for deeper personal connections, or have difficulty bringing your great ideas into concrete form, or just want to be more relaxed and authentic, we hope you will join us for this inquiry into the importance of living all aspects of ourselves compassionately and simultaneously.

Come join in this exploration!

\*Group Sharing and Learning \*Small Group Personal Time \*Movement \*Transmission \*Experiential exercises \*Meditations \*The Magic of Being Together

## **SCHEDULE**

The "Awakening as Spirit and Matter" retreat begins at 7 pm on Thursday, May 17th and ends on Monday, May 21st at 1 pm.

Lots of nearby restaurants on Boulder's famous Pearl St. Mall and 29th St. Mall to choose from for lunch and dinner.



<sup>\*</sup>opening to and trusting the flow of our creativity

<sup>\*</sup>finding our natural ability to be authentic and natural



## Course fee & registration

\$395 if paid by April 1st

\$475 if paid after April 1st

## Course fee does not include lodging or food.

We have suggestions for nearby places to stay upon request, and rides are usually easily arranged with the help of other participants.

Refunds are available until April 17th (less \$50 cancellation fee).

To register, contact June Konopka at junekonopka@gmail.com

Send checks (payable to June Konopka) to:

June Konopka 4185 47th Street, Unit E Boulder, CO 80301

Or send PayPal payment to <u>junekonopka@gmail.com</u> (Please add 3% if you use this service)

<u>Prerequisites:</u> Familiarity with Trillium Awakening teachings including participation at sittings or events and/or several sessions with a Trillium Awakening teacher. If in doubt, please contact June at <u>junekonopka@gmail.com</u> for guidance on meeting the prerequisites before the event.



We are fortunate to be able to use the same beautiful, spacious Boulder home we were gifted with last year for our venue. Everyone loved it! Add in the transformational power of the nearby Rocky Mountains, the lively Spring energy of Boulder, and the beautiful hearts and minds of the participants and teachers, and this retreat has the makings of a very nourishing 4 days of transmission you won't want to miss!

